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Many of our clients never come into the office. We use technology to handle their cases virtually all across Florida.



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APRIL 2024

Growing Together With You

Empowering You With Legal Guidance and Wellness Insights

Dear Clients and Friends,

As we step into April, our team at the Dellutri Law Group is committed not only to providing top-notch legal services but also to supporting you in living your best life. This month, we're focusing on reclaiming control over our physical wellness through the adoption of healthy habits that promote longevity and vitality.

Healthy Habits for Life: Regaining Control of Your Physical Wellness

In the hustle and bustle of daily life, it's easy to overlook our physical well-being amidst the demands of work, family, and other responsibilities. However, prioritizing our health is paramount, not only for our own

benefit but also for our ability to navigate life's challenges effectively.

As a seasoned attorney with over 30 years of experience in personal injury and bankruptcy law here in Florida, I've witnessed firsthand the importance of maintaining good health for preventing accidents and in aiding recovery. Therefore, I'm delighted to share some insights on cultivating healthy habits that can positively impact your life.

- **Exercise Regularly:** Incorporating regular exercise into your routine not only strengthens your body but also boosts your mood and cognitive function. Whether it's a brisk walk, a yoga session, or a gym workout, come get me out of the office (I am terrible at this).
- **Prioritize Nutrition:** Fueling your body with nutritious foods is key to maintaining optimal health. Aim for a diet rich in fruits, vegetables, whole grains, and lean proteins — it's all about balance. Spaghetti, meatballs and bread is not a food group — said NO Italian ever!
- **Practice Self-Care:** Self-care is not selfish; it's essential. Each day I take time to read 5 pages in 'The Power of Positive Thinking'. Whether it's reading a book, taking a bubble bath, or simply enjoying a cup of tea, find activities that nourish your mind, body, and soul.

- **Get Adequate Sleep:** Sleep is often underrated, but it plays a crucial role in overall health and well-being. Aim for 7-9 hours of quality sleep each night. As my wife Marjorie says: 5 hours a night is not enough.
- **Stay Hydrated:** Hydration is key to maintaining proper bodily functions, yet many of us fall short of drinking enough water. Make it a habit to carry a water bottle and sip regularly.

By incorporating these healthy habits into your daily life, you'll not only feel better physically but also enhance your resilience to life's challenges. Remember, small, consistent actions compound over time to yield significant results.

At the Dellutri Law Group, we're not just here to handle your legal matters; we're committed to supporting you in all aspects of your life. If you ever have any questions or concerns about personal injury, bankruptcy, wills and trusts law, or any other legal issues, please don't hesitate to reach out. We're here to help.

Wishing you a month filled with health, happiness, and prosperity.

Warm regards,

-Carmen Dellutri

Happy with our service? We'd love to hear from you! We are always honored when our clients and associates refer their friends, family, and colleagues our way — or simply say kind things about our firm. If there is anything we can do for you, please let us know. We're here to help!



Reach us any time at 888-889-8899 or DellutriLawGroup.com.

If you'd like to leave us a review, scan the QR code. We appreciate every word!

If you know someone who would like a copy of this newsletter, please visit this link to add them to our mailing list: DellutriLawGroup.com/resources/newsletters

TAKE SMALL STEPS AND LIMIT MISTAKES

Smart decisions in regards to personal finance don't necessarily require intelligence or being "smart." The key is to follow small, short steps and limit mistakes. Reduce personal debt, develop emergency savings, put protections in place for you and your family and whatever else you can afford, and invest efficiently to benefit your future.

This concept is widely uncontroversial throughout the personal finance space. When it comes to decisions on specific details, everyone is different, and so it can be beneficial to sit down and discuss cost-effective strategies to solve your problems and strive to reach your goals. The marketplace can be a difficult place to navigate, and this is why it is imperative that people, and my clients specifically, have absolute clarity on what they are doing and why they are making the decisions they are.

Whenever you are making decisions about finance and money, time is always a factor in the underlying value of the decisions you are making. This means the sooner you look into making progress on your finances the better off you will be!



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“Testimonial Our Clients Say It Best

"We contacted the Dellutri Law Group in a panic because of a sudden legal dispute, and although the Dellutri Law Group did not handle this specific kind of legal dispute, they recommended a law firm that did. Then, they followed up to see if their referral had been able to help us. Their sincere effort to try to help us demonstrated integrity and compassion. We had called so many attorneys about our unique situation, and they all said they didn't handle our type of case; I guess they saw us as (lack of) dollar signs rather than people. However, the Dellutri Law Group went above and beyond to help us, showing their sincere concern for our situation. Thankfully, their referral provided us with a wonderful attorney who we are confident will help us. We are very grateful to the Dellutri Law Group. Their high ethics, demonstrated by their integrity and compassion, with no financial benefit from helping us on their end, speaks volumes!"

—M.F.

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HOW TO SUCCEED AS AN EXECUTOR

Tips to Avoid Major Missteps

If you've been named the executor for someone's last will and testament, you've been entrusted with the responsibility of carrying out a person's last wishes. This honor — and legal responsibility — means you must take care of financial obligations, including paying any outstanding debt or taxes, and then properly dispense the remaining assets according to the directions in the will.

The person who chose you to be executor trusts that you can handle this responsibility, so we're here to walk you through the process and clear up any questions you may have.

If you are listed as the executor or the trustee in someone's estate planning documents, you should do a few things immediately upon their passing. First, you must secure their home and any other property as quickly as possible. This involves maintaining any property until the estate is settled, including changing the locks.

Often, family members will try to go into the house after someone passes away and remove items. As the executor or the trustee, you have to ensure this does not happen, which is why changing the locks could be crucial if the family situation is contentious.

Next, you should locate all relevant estate planning documents and then determine whether the estate must go through probate. You will need multiple copies of the death certificate for banks, credit card companies, and insurance. Other important documents you will need include insurance policies, credit card statements, investment account and pension statements, and contacts for attorneys and accountants.

Give yourself time to review these documents carefully. Once you understand the estate plan, you can call a meeting with all involved to review the deceased family member's instructions on how to distribute the assets. Being prepared and proactive will ensure you carry out your duties as an executor with precision and honor the person who entrusted you with this duty.

GRILLED STEAK WITH CHIMICHURRI SAUCE

INGREDIENTS

- 2 lbs flank, sirloin, or skirt steak
- 2 tbsp olive oil
- Salt and pepper, to taste

For the chimichurri sauce:

- 1 cup fresh parsley, chopped
- 2 cloves garlic, minced
- Juice of 1 lemon
- 2 tbsp olive oil
- 1 tsp red pepper flakes
- Salt and pepper, to taste

DIRECTIONS

1. Preheat grill to medium-high heat.
2. Rub the steak with the olive oil, salt, and pepper.
3. Grill the steak for 4–5 minutes per side or until it reaches desired doneness.
4. Meanwhile, make the chimichurri sauce: In a small bowl, mix together the parsley, garlic, lemon juice, olive oil, red pepper flakes, and salt and pepper.
5. Let the steak rest for 5 minutes before slicing.
6. Serve the steak with the chimichurri sauce and enjoy!

A Huge Thank-You to Our Referral Partners!

A referral is the greatest gift we can receive from a client or fellow business! Last month we had ...

- 42 referrals from friends, family, or previous clients
- 19 returning clients for new matters
- 18 referrals from other attorneys
- 3 referrals from doctors and other professionals
- **We sent out 79 referrals to our trusted referral partners.**

What's the Good News?

"Surely God is my salvation; I will trust and not be afraid. The Lord, the Lord himself, is my strength and my defense; he has become my salvation."

ISAIAH 12:2 NIV



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THE FUNDAMENTALS OF MY STRONG MARRIAGE

Dear Readers,

As a bankruptcy and personal injury attorney of 30 years, I've seen firsthand how the demands of my profession can test the limits of personal relationships. My wonderful wife, bless her heart, has weathered many storms as the spouse of a workaholic whose clients' problems always seem to come first.

Let me share some insights into how we manage to keep our marriage strong despite the constant juggling act.

- **Priority Check:** Clients may be the lifeblood of my profession, but my wife is the heartbeat of my life. Recognizing her sacrifices and making intentional efforts to prioritize our relationship amid the chaos are crucial.

- **Quality Time, Not Just Quantity:** While I can't always be physically present, I make every moment count when we're together. From stolen glances over hurried dinners to late-night cuddles after client calls, it's the quality of our time that keeps us connected.

- **Communication, Compassion, Compromise:** My wife's patience knows no bounds, but even saints have their breaking points. Open, honest communication allows us to navigate the rough patches with compassion and find compromises that work for both of us.

- **Gratitude, Always:** Despite the challenges, I am grateful every day for the love and support of my wife. Expressing this gratitude, both in words and actions,



reminds us both of the strength of our bond and the depth of my appreciation for her unwavering presence in my life.

When all else fails, buy her diamonds ... no, make her laugh.

In the end, being married to a workaholic isn't easy, but with love, understanding, and a healthy dose of humor, we navigate the highs and lows together, stronger for the journey.